

## Across U-Can Youth Award Application Form

Please check the following box for award category nomination.

Please note you can only check ONE box. If you are applying a nominee for more than one award category, each category nomination must be sent separately. Please make sure everything is submitted together to [across-u-can@acrossuhub.com](mailto:across-u-can@acrossuhub.com)

**Across U-Can GROW Award**  
燃動青年生命蛻變獎

**Across U-Can BUILD Award**  
燃動青年社區匠心獎

**Across U-Can BRIDGE Award**  
燃動青年文化連繫獎

### Nominee Information (please fill in all the boxes provided)

First Name				Last Name			
Date of Birth	(mm/dd/yyyy)			Nationality			
Address							
City		Province		Postal Code		Country	Canada
Phone				Email			
Occupation				Length of Time in Canada			

### Submission of Nominee's narrative (please the appropriate box)

**Written Submission**, max. of 1,000 words, available in either English or Chinese (Accepted file types: .pdf, .jpg, .doc)

**Audio Submission**, max. duration of 5 minutes, please provide the link:

\_\_\_\_\_

**Video Submission**, max. duration of 5 minutes, please provide the link:

\_\_\_\_\_

**Is this a self-nomination?**  Yes  No (Please fill in the nominator information below)

### Nominator Information

First Name				Last Name			
Phone				Email			
Relationship to Nominee							

### Nominee's Consent to Nomination

I certify all information on documents submitted with Nomination are true and correct to the best of my knowledge. I also give consent to Across U-hub and its affiliates to use the personal information provided in the Across U-Can Youth Award nomination package to be published on Across U-hub website and social media channels.

I also give Across U-hub permission to photograph, video, make an audio file of, and/or interview either myself, or the \*child/children named below, and to publish said photographs, videos, audio files and/or interviews on the Across U-hub official Web site, Social Media Accounts, publications/printed materials and/or use for Across U-hub marketing and promotion purposes, both now and in the future.

The photographs (including digital files), video and audio files, etc. shall constitute the exclusive property of Across U-hub and may be reproduced by the organization and anyone it has authorized, without compensation or payment to the individual(s) concerned or any other person.

\_\_\_\_\_  
Signature of Nominee

\_\_\_\_\_  
Signature of Parent/Guardian (if the nominee is under age 18)

\_\_\_\_\_  
Name of Nominee

\_\_\_\_\_  
Name of Parent/Guardian

(mm/dd/yy)

(mm/dd/yy)

Date

Date

## Nomination Procedures

Please send a completed **Application Form** and Nominee's narrative in one of the following prescribed formats, to [across-u-can@acrossuhub.com](mailto:across-u-can@acrossuhub.com) on or before **September 25, 2023 (Monday)**.

- Written Submission (Up to a maximum of 1,000 words, available in either English or Chinese)
- Audio Submission (Maximum duration of 5 minutes)
- Video Submission (Maximum duration of 5 minutes)

*You may utilize the following suggested questions for each category while submitting the narratives*

### (A) Across U-Can GROW Award 燃動青年生命蛻變獎

Tell us about a time you have overcome a life challenge, demonstrated significant personal growth, and made an impact on others.

1. What challenges did you face?  
你遇到了哪些挑戰？
2. What motivated you to change?  
是甚麼激勵你做出改變？
3. What difficulties did you encounter, and how did you conquer them?  
你在改變過程中，遇到甚麼困難和如何克服它們。
4. How has this change impacted yourself and/or others?  
這個改變如何影響你自己和/或他人？

### (B) Across U-Can BUILD Award 燃動青年社區匠心獎

Tell us about a time you have made a meaningful, transformative impact on the community.

1. What issue(s) did the community face that you sought to address?  
你意識到社區面臨哪些矛盾或問題，激發你作一些回應？
2. What motivated you to address the issue(s), and what actions did you take?  
是甚麼動力激勵你去作出回應？
3. What difficulties did you encounter, and how did you conquer them?  
你在的行動和過程中，遇到甚麼困難和如何克服它們。
4. How have your actions impacted the community and/or yourself?  
(If possible, provide a brief testimonial of the impact you have had on the community.)  
這種改變如何影響了社區和/或你自己？(可提供一些你在社區產生影響的見證。)

### (C) Across U-Can BRIDGE Award 燃動青年文化連繫獎

Tell us about a time you have undergone a journey in the understanding of their cultural identity, leading to cultural contributions to the community.

1. How have you struggled with your cultural identity?  
你如何在文化認同方面經歷矛盾與困難？
2. What motivated you to better understand and appreciate your roots and cultural identity?  
是甚麼使你意識到有必要去理解和珍視自己的文化根源和身份？
3. Describe your journey in discovering your roots, reclaiming your cultural identity, and reconciling the differences between the eastern and western cultures.  
描述你在尋根、重新認識自己的文化身份，以及整合/調和東西方兩種文化的旅程。
4. How has this journey led you to contribute to the cultural identity of your community?  
這個經歷如何引導你對社區作出文化連繫的貢獻？

## Nomination Checklist

Complete this page of checklist. Please make sure that you have included all applicable documents with your nomination. Failure to do so will result in your nomination being returned to you.

<b>Checklist</b> <i>Please check the box to ensure that you have enclosed all necessary items.</i>	<b>Please ✓ the box</b>
Completed nomination form (page 1)	<input type="checkbox"/> Attached
Nominee's consent	<input type="checkbox"/> Attached
Nominee's narrative:  <input type="checkbox"/> Written Submission <input type="checkbox"/> Audio Submission <input type="checkbox"/> Video Submission	<input type="checkbox"/> Attached
Supporting documents (if any)	<input type="checkbox"/> Attached