



## TOGETHER WE CARRY ON << Crafteria >> ACROSS MASK Material & Information

ACROSS MASK Material List:	Other Tools:
<ul style="list-style-type: none"><li>- Shell Paper Pattern x 1</li><li>- Lining Paper Pattern x 1</li><li>- Wire Tunnel Paper Pattern x 1</li><li>- Shell Fabric x 2</li><li>- Lining Fabric x 2</li><li>- Wire Tunnel Fabric x 1</li><li>- Wire x 1</li><li>- Elastic x 2</li></ul>	<ul style="list-style-type: none"><li>- Sewing Machine OR Needle &amp; Thread</li><li>- Scissor</li><li>- Sewing Pins x 8 to 10</li><li>- Clips x 4</li><li>- Pen x 1</li></ul>

### **About ACROSS MASK**

According to the guidelines of Public Health Ontario and Toronto Public Health, a cloth mask should:

- Contain at least two layers of tightly woven cotton or linen.
- Cover over nose, mouth and chin, and be easy to breathe through.
- Fit securely to the head with ties or ear loops without gaping or impairing vision.
- Be comfortable to wear, in order to avoid the need for constant adjustments.
- Maintain their shape after washing and drying.
- Not contain non-breathable materials such as plastic.

**ACROSS MASK** is designed by Across U-hub that fits all these criterias, and carries few more special features to convey kindness and care:

- Reusable with a filter pocket
- Adjustable ear loops
- Removable nose wire for easy cleaning
- Soft cotton, comfortable, and fashionable

### **DISCLAIMER:**

Fabrics are made with 100% cotton or a combination of cotton and polyester. Cloth masks have no virus filtering effect, and need to be equipped with qualified filters. They are not the same as surgical or N-95 masks, which are medical devices and are critical supplies for healthcare workers. They cannot be used to replace other existing public health measures, such as social distancing and hand washing.

Each mask is to be used at the user's own risk. Across U-hub and any of our staff, volunteers, and Board members shall not be liable for any damages or injuries caused by the usage of the masks.

Cloth masks **SHOULD NOT** be placed on or used by:

1. Children under the age of two,
2. anyone who has trouble breathing
3. anyone who is unconscious, incapacitated, or otherwise unable to remove the mask without assistance

Please check the most up-to-date recommendations from our local public health unit or from the Government of Canada at [canada.ca/coronavirus](https://canada.ca/coronavirus).

#acrossuhub #togetherwecarryon #auhpassion #auhcrafteria #傳情大流行

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#### What is the purpose of a face mask?

##### **MY MASK PROTECTS YOU AND YOUR MASK PROTECTS ME**

As the Greater Toronto Area begins to reopen, more people are returning to work, re-establishing connections with each other, moving around the city and using public transit. This is making physical distancing more challenging, or nearing impossible. The risk of spreading COVID-19 also becomes greater.

Wearing masks not only helps us keep our respiratory droplets to ourselves, but it also prevents spreading germs to others. The use of masks is non-invasive, inexpensive, and can help save lives. Masks may also serve as a visual reminder to everyone that we need to be vigilant and continue to maintain physical distancing with each other. Beyond all of these important benefits, wearing a mask is fundamentally a mutual effort: your mask can help protect others, and others' masks can reversely protect you!

Reference: [www.toronto.ca](http://www.toronto.ca)

#### What are the caring and usage instructions?

- **WASH** the cloth mask with hot water and laundry detergent before using it for the first time, and after each use. **AIR DRY**, then iron the mask for sanitization.
- **DO NOT TOUCH** your mask when wearing it.
- **DO NOT LEAVE** your mask tucked under the chin, hanging from your ear, or on your forehead.
- **DO NOT SHARE** your mask with others.
- **DO NOT STORE** the mask in your pocket.
- Change your mask as soon as it becomes moist or dirty.

#### How to put on **ACROSS MASK**?

1. Wash or sanitize your hands.
2. Insert a wire inside the wire tunnel.
3. Insert a piece of paper towel or tissue paper (which acts as a filter) inside the inner pocket from the bottom.
4. Make sure the paper towel or tissue paper fully covers the mask (from left to right and top to bottom).
5. Position the mask with the nose piece on top.
6. Hold the mask by ear loops and place loops over your ears.
7. Mold the nose piece over the bridge of your nose.
8. Stretch the bottom of the mask to fit under your chin.

#### How to take off **ACROSS MASK**?

1. Wash or sanitize your hands.
2. Prepare 2 plastic bags and a piece of paper towel.
3. Remove the mask by the ear loops without touching the front of the mask.
4. Put the front side of the mask facing down onto a piece of paper towel.
5. Throw away the middle layer in a garbage bin.
6. Remove the wire from the wire tunnel. Wash or sanitize the wire, and then put it in a plastic bag.
7. Put the used mask in another plastic bag or directly in the laundry bin to be washed.
8. Wash or sanitize your hands.